**Ep. 22 - MI in Emergency Settings**

We are pleased to welcome Ravi Maharajh, MA, EdS, LPC, ACS, for our next episode of Talking to Change. Ravi is currently the Director of Marketing and Communications for “a large community mental health system in New Jersey.”  Ravi is a Licensed Professional Counselor, having received an EdS in Marriage and Family Therapy and MA in Psychological Studies at Seton Hall University. He has been working with adults and children with severe and persistent mental illness for over 20 years. His clinical work has primarily been in a crisis/emergency setting, working for two New Jersey designated screening centers. He served as the Clinician Supervisor for Acute Psychiatric Services – Piscataway and Program Manager for the Center for Continuing Education before accepting his current role. He is an Approved Clinical Supervisor through the Center for Credentialing and Education, offering clinical supervision to candidates with their LAC and/or LPC.  
  
In addition, Ravi has been a certified instructor for Non-Violent Crisis Intervention (CPI) from 2004-2019, training thousands of direct care staff throughout UBHC. Ravi is involved with the Trauma Informed Care & Workplace Violence Prevention committees at UBHC.  He has been a member of the Motivational Interviewing Network of Trainers (MINT) since 2016 and currently serves as the chair for the Inclusivity and Diversity Advisory Committee for MINT.  He is a New Jersey certified mental health screener through the Division of Mental Health and Addiction Services.  Ravi also conducts Biopsychosocial Needs Assessments through Perform Care, LLC, in New Jersey, for ages 4-21 years old.  He has been working with children and families in their homes/community since 2004.  In the past, Ravi has volunteered for the Piscataway Township Domestic Violence Crisis Intervention Team as an advocate and certified counselor (2012-2019) and is a life member of the Fort Lee Volunteer Ambulance Corps, retired EMT-B (1997-2006).

      0:00 – Opening/introduction

      1:45 – Ravi’s introduction

6:30 – Ravi’s early MI story

    10:00 – MI in brief interventions

    14:50 – Finding your “authentic space” using MI skills

25:30 – Practitioner self-care

35:00 – Change talk in emergency settings

42:00 – Training for the Brooklyn half-marathon

46:29 – End of recording

Links and contact information:

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